



**NEXT GENERATION  
LEADERSHIP PROGRAMME**

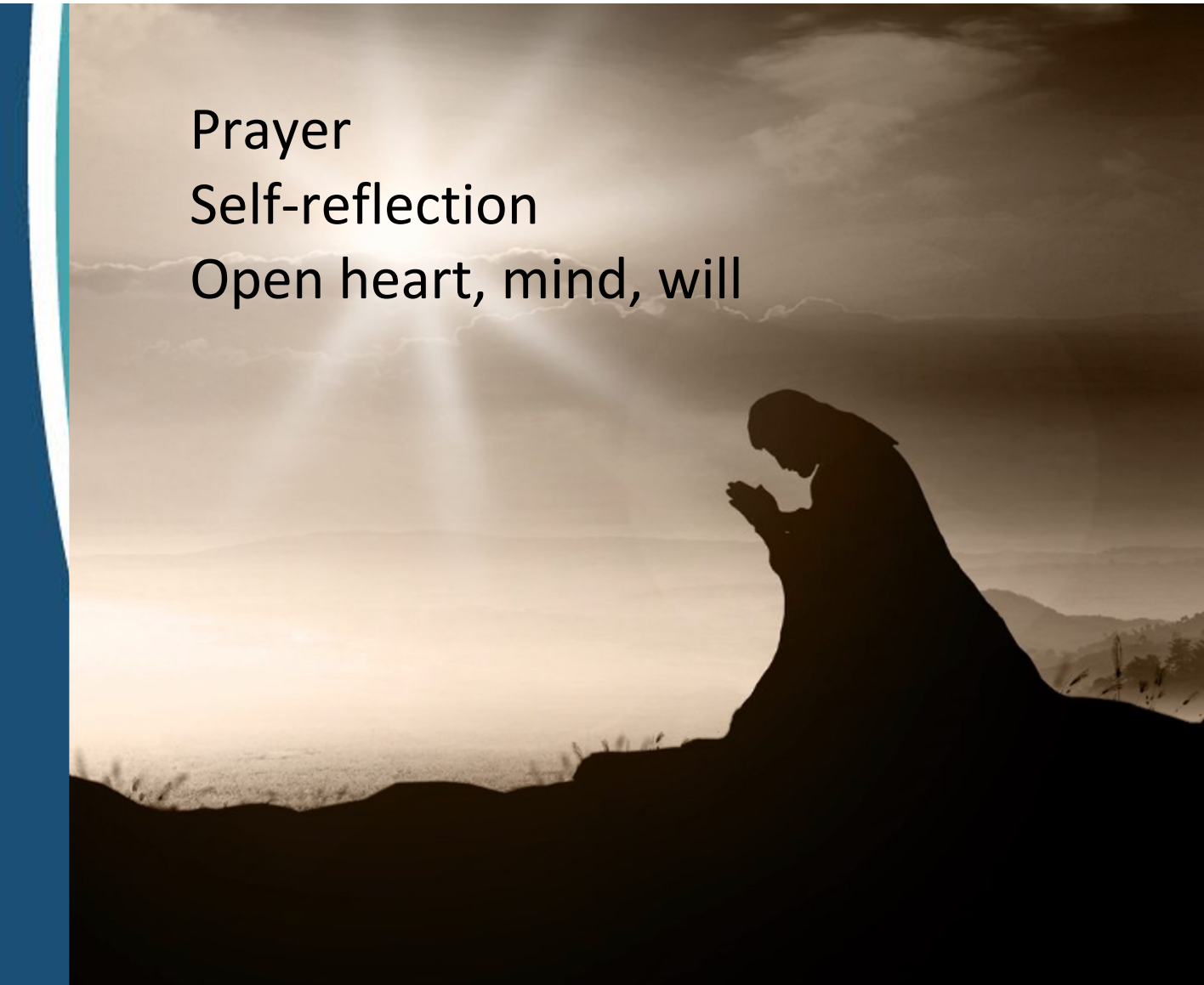
Creating servant leaders for the African Church

# Personal & Spiritual Development



# Our Learning Agenda

- Gain perspective on your own life journey and the personal values you hold
- Identify theories of human development and spiritual development
- Explore guiding questions of personal leadership and spiritual leadership development through storytelling and community conversation
- Discover possibilities for servant leadership



Prayer  
Self-reflection  
Open heart, mind, will

## Jesus the Contemplative

*“Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.”*


- Mark 1:35



## **ACTIVITY:** *Discussion*

Why does Jesus go off to a solitary place?

What important lessons does this passage hold for servant leadership?



*Servant  
leadership  
qualities and  
characteristics  
demonstrated  
by Jesus*

- *Self-Awareness*
- *Intentional, Anticipatory*
- *Serves a Greater Purpose*
- *Demonstrates Adaptability*
- *Maintains Integrity*

Mark 1: 29-39



## Response-Able

*“Servant leadership has the power to bring about dramatic and profound transformation in individuals, their organizations and the society in which they live...”*

*“...it requires that the concerned individual accept the problems he sees in the world as his or her own personal task, as a mean of achieving his or her own integrity.”*

Robert Greenleaf

# A Calling to Serve

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But He said,  
*"I must proclaim the good  
news of the kingdom of  
God to the other towns  
also, because that is why I  
was sent."*

Luke 4:43 (NIV)



# Guiding Questions of Self-Development

## **Whose Am I?**

*Who is the ultimate authority and primary audience for my life?*



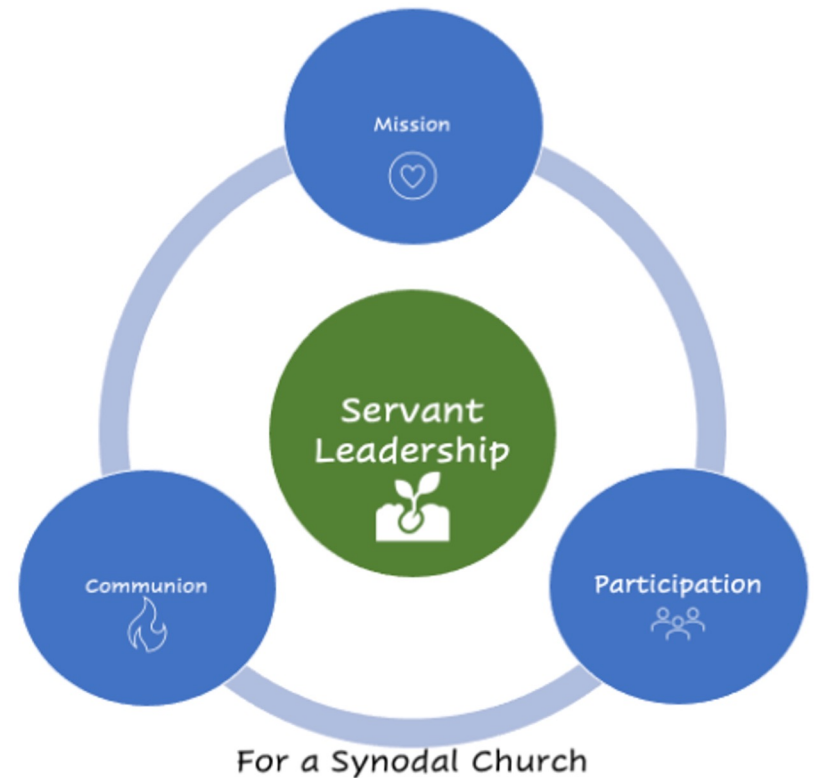
## **Who Am I?**

*What is my identity?  
What defines my life purpose?*



# Tenets of Synodality: **Hope**

Courage  
Humility  
Dialogue  
Openness / Non-judgement  
Discernment  
Belonging  
Visionary  
**Hope**  
Agency



# Hope

“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

John 15:5

**Reflect:** As spiritual beings, our greatest hope is to evolve and grow into servants of God. Jesus gives us the roadmap for this personal and spiritual development by having a constant connection to Him.



# Maslow's Stages of Human Development

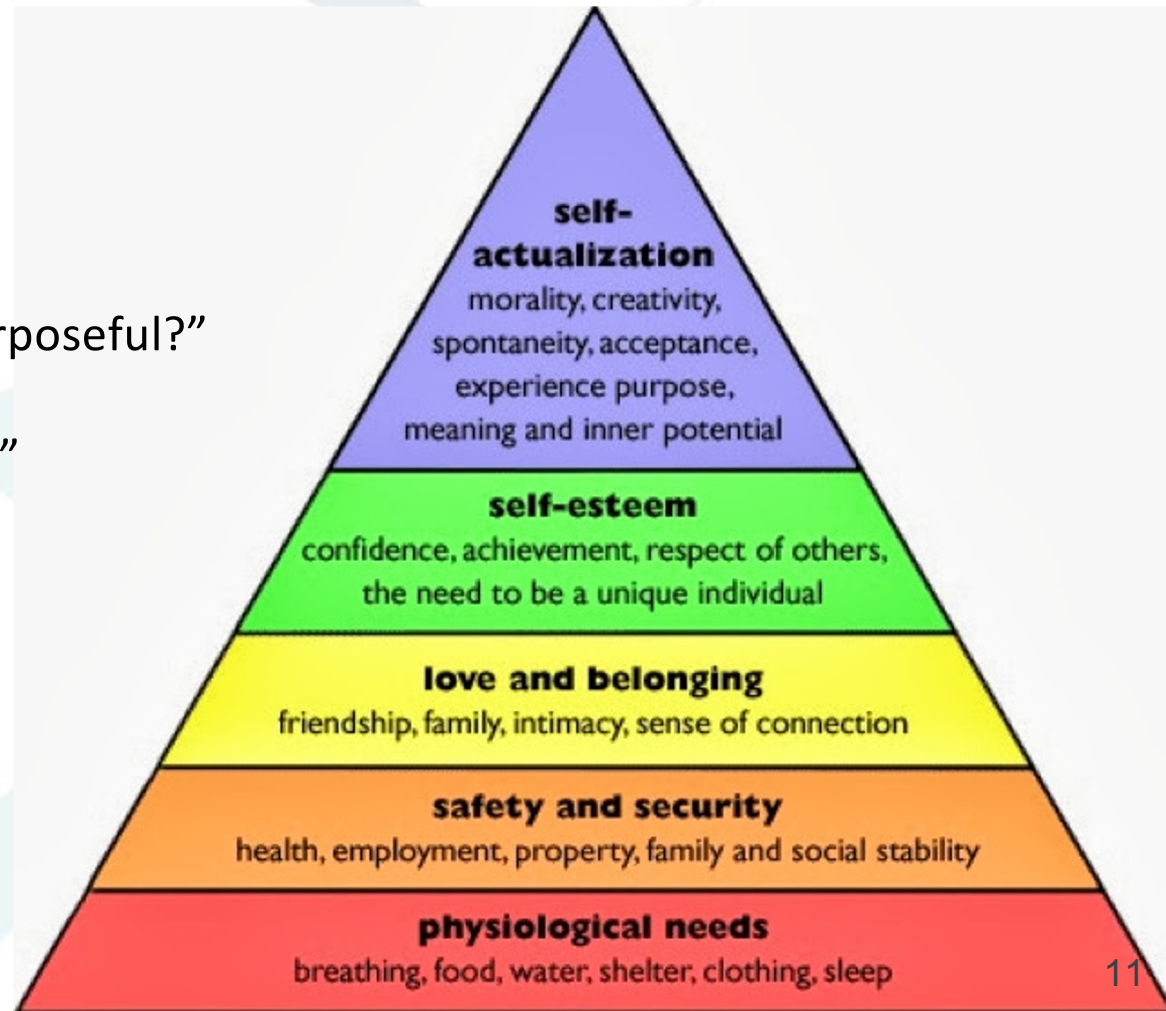
Abraham Maslow, American  
Psychologist

1943 – “What Makes Life Purposeful?”

“Maslow's Pyramid of Needs”

Developmental Path:

- Dependence
- Independence
- Interdependence
- Purpose & Meaning



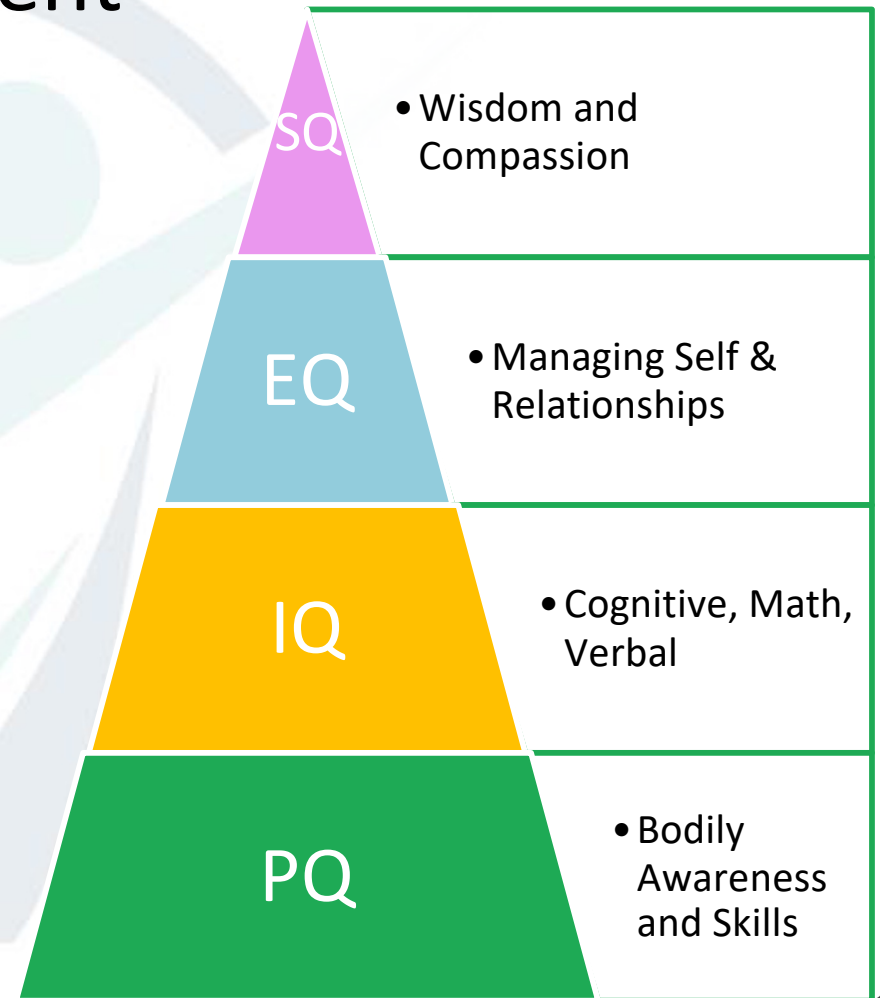
Video:  
Maslow's  
Stages



# Spiritual Development

*Two levels:*

1. Continual process of refining one's self knowledge
2. Advancing in the skills necessary to be in healthy communion with others





# Spiritual Intelligence Is ...

... “concerned with the inner life of mind and spirit and its relationship to being in the world.” – Frances Vaughan

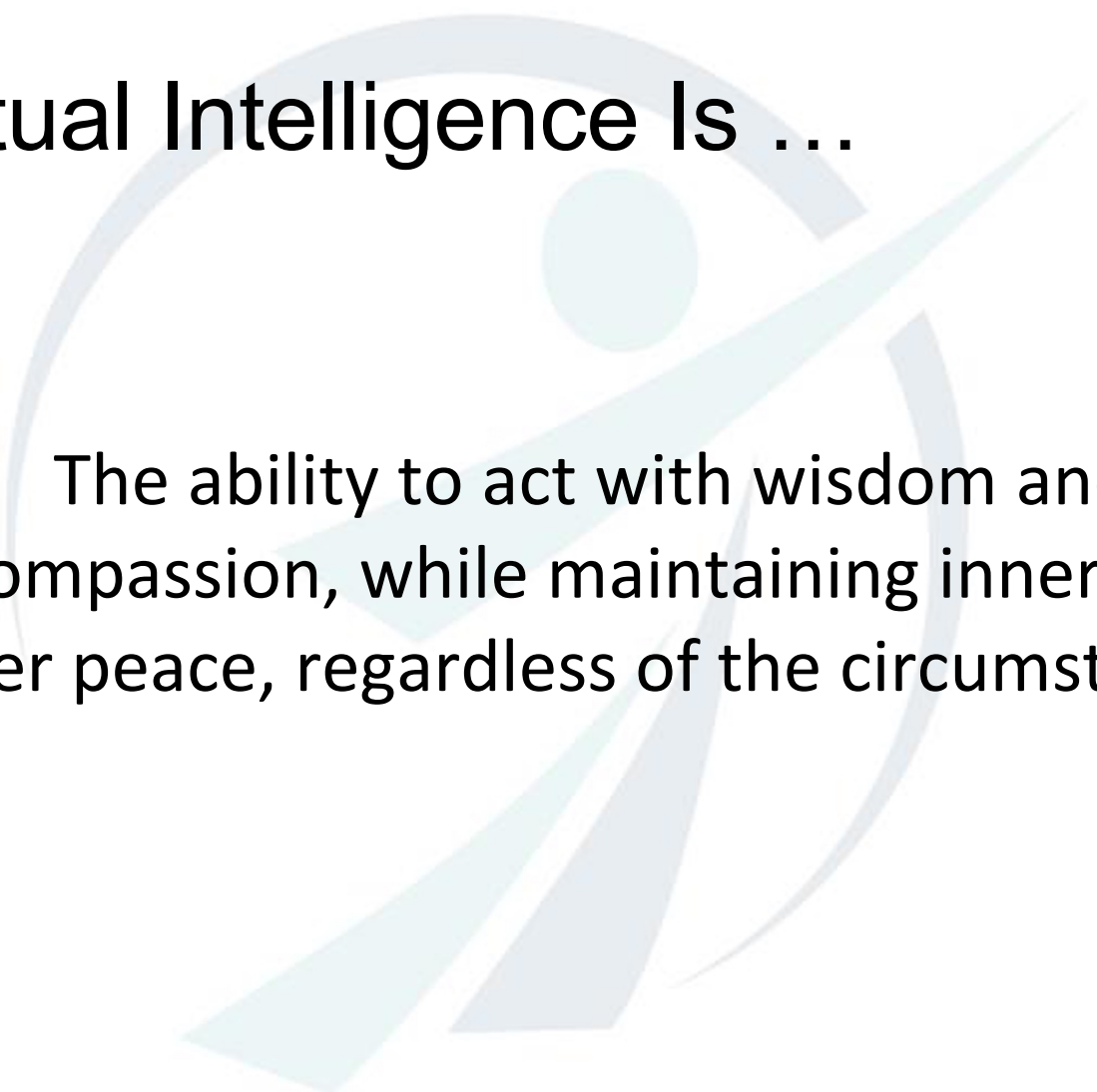
... “adaptive use of spiritual information to facilitate everyday problem solving and goal attainment.” - Robert Emmons

... “the central and most fundamental of all the intelligences, because it becomes the guidance for the others.” – Stephen Covey

... “the capacity of an individual to possess a socially relevant purpose in life by understanding ‘self’ and having a high degree of conscience, compassion and commitment to human values.” – Kuman and Mehta



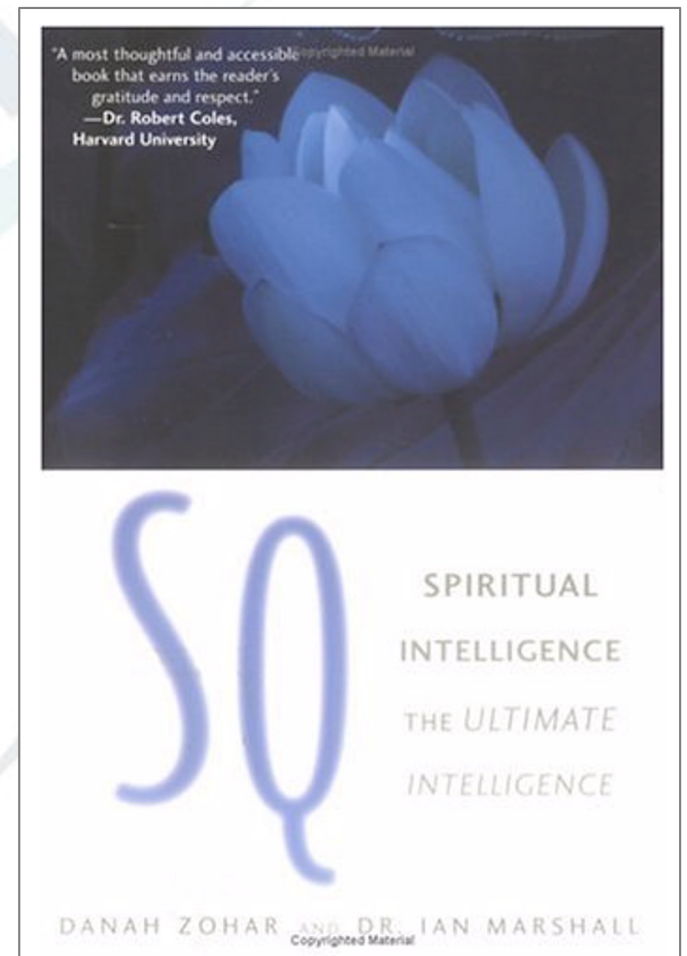
# Spiritual Intelligence Is ...



The ability to act with wisdom and compassion, while maintaining inner and outer peace, regardless of the circumstances.

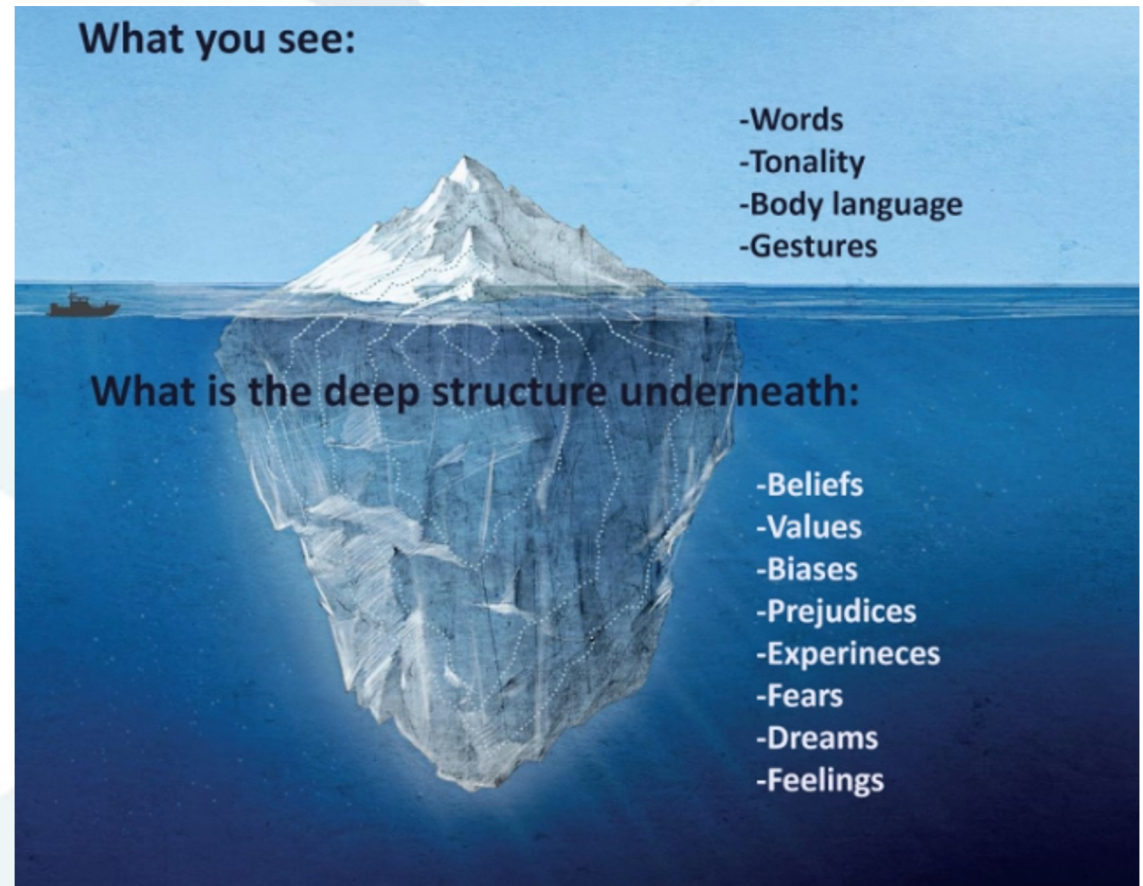
# Spiritual Growth Indicators

- High degree of self-awareness
- Inspired by Vision and Values
- Reluctance to Cause Unnecessary Harm
- Likely to be a “Servant Leader”
- Being Holistic



# Values

- Below the surface
- Reflect what is important to us
- Together with our beliefs, drive:
  - Decision-making
  - Action
- “Guidelines” for leadership





## Personal Values Activity - Part I

Recall a defining moment in your life – one that you are willing to share with others. It could be a peak experience or a regrettable decision or misfortune. An event that shaped or changed the trajectory of your life. Use the following prompts/structure:

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- The details of the event and when it occurred
- Who had a significant role in in the situation
- What impact it had on you and your choices and decisions
- What lessons this experience held for you



## Personal Values Activity - Part II

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1. Create a group of no more than 3-4
2. Each person shares their story (no more than 5 minutes)
3. As the person tells the story, members of the group write down key values they hear on one page with the person's name at the top.
4. After all stories are told, individuals receive their paper from group members
5. Individually review your papers and identify 3-5 values that most resonate with you



## Examples of Core Values

Abundance  
Acceptance  
Accountability  
Achievement  
Advancement  
Adventure  
Advocacy  
Ambition  
Appreciation  
Attractiveness  
Autonomy  
Balance  
Being the Best  
Benevolence  
Boldness  
Brilliance  
Calmness  
Caring  
Challenge  
Charity  
Cheerfulness  
Cleverness  
Community  
Commitment  
Compassion  
Cooperation  
Collaboration  
Consistency  
Contribution  
Creativity  
Credibility  
Curiosity

Daring  
Decisiveness  
Dedication  
Dependability  
Diversity  
Empathy  
Encouragement  
Enthusiasm  
Ethics  
Excellence  
Expressiveness  
Fairness  
Family  
Friendships  
Flexibility  
Freedom  
Fun  
Generosity  
Grace  
Growth  
Flexibility  
Happiness  
Health  
Honesty  
Humility  
Humor  
Inclusiveness  
Independence  
Individuality  
Innovation  
Inspiration  
Intelligence

Intuition  
Joy  
Kindness  
Knowledge  
Leadership  
Learning  
Love  
Loyalty  
Making a Difference  
Mindfulness  
Motivation  
Optimism  
Open-Mindedness  
Originality  
Passion  
Performance  
Personal Development  
Proactive  
Professionalism  
Quality  
Recognition  
Risk Taking  
Safety  
Security  
Service  
Spirituality  
Stability  
Peace  
Perfection  
Playfulness  
Popularity  
Power

Preparedness  
Proactivity  
Professionalism  
Punctuality  
Recognition  
Relationships  
Reliability  
Resilience  
Resourcefulness  
Responsibility  
Responsiveness  
Security  
Self-Control  
Selflessness  
Simplicity  
Stability  
Success  
Teamwork  
Thankfulness  
Thoughtfulness  
Traditionalism  
Trustworthiness  
Understanding  
Uniqueness  
Usefulness  
Versatility  
Vision  
Warmth  
Wealth  
Well-Being  
Wisdom  
Zeal

## Personal Values Activity- Part III

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Discuss in your group:

- What surprised you?
- What do you consider to be your “top 3-5 values?”

# ACTIVITY: Discussion & Reflection

## Personal Values - Part IV

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### Large Group Discussion

- ❖ *What new awareness do you have about yourself and others?*
- ❖ *What lessons does this module hold for your servant leadership?*

### Journal Activity

- ❖ *Who do I serve? What do they value?*
- ❖ *What is the importance of this activity to my growth as a servant leader?*